

Reindeer Poo

Recipe

Ingredients:

- 1 banana, mashed
- 1 cup Puffed cereal (rice, wheat, millet, etc)
- ½ cup Desiccated Coconut
- 1 tablespoons Cocoa
- 1 tablespoon Honey

Extra Ingredients for rolling:

- 1 tablespoon cocoa
- ½ cup desiccated coconut



Method:

- Mix all ingredients together in a large bowl until well combined then roll into bite size balls
- Combine extra ingredients in a small bowl, toss balls through to coat
- Store in the fridge or freezer for several days



From The Kids Menu



<http://thekidsmenunutritionandfitness.weebly.com/>

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